



The Genie in Your Genes Epigenetic Medicine and the New Biology of Intention

By Dawson Church

Energy Psychology Press. Paperback. Book Condition: New. Paperback. 405 pages. Dimensions: 8.9in. x 6.0in. x 0.9in. Your genes respond to your thoughts, emotions and beliefs. The way you use your mind shapes your brain, turning genes on and off in ways that can dramatically affect your health and wellbeing. In this best-selling, award-winning book, researcher Dawson Church reveals the exciting applications of the new science of Epigenetics (epiabove, i. e. control above the level of the gene) to healing. Citing hundreds of scientific studies, and telling the stories of dozens of people who have used his ideas for their own healing, he shows how you can apply these discoveries in your own life. He explains how electromagnetic energy flows in your body and affects your cells, and how the new fields of energy medicine and energy psychology can help cases that are beyond the reach of conventional medicine. He shows how your hormonal, neurological, connective tissue, and neurotransmitter systems all work in harmony to conduct a coordinated flow of information throughout your body. As you take conscious control of the process, you produce a positive effect on your health, becoming an epigenetic engineer of your own wellbeing. Practical and scientific, this...



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