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# FRIED: WHY YOU BURN OUT AND HOW TO REVIVE



Hay House Inc. Paperback. Book Condition: new. BRAND NEW, Fried: Why You Burn out and How to Revive, Joan Z. Borysenko, This Is an Invitation to Take Your Power Back! What happened to the spark you had as a child that powered curiosity, engagement with life and creativity? Has it burned out? Are you feeling emotionally and physically exhausted and cynical, wondering if you've got what it takes to make it in this rapidly changing world? Burnout looks a lot...

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- Authored by Joan Z. Borysenko
- Released at -



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## Reviews

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-- **Kobe Streich I**

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-- **Lane Langworth III**

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