



The Art of Healing: Uncovering Your Inner Wisdom and Potential for Self-Healing

By Bernie S. Siegel; Cynthia J. Hurn

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Summary: In 1979 Dr. Bernie Siegel, a successful surgeon, took a class from Dr. Elisabeth Kubler-Ross that focused on the use of crayon drawings as part of the healing process, especially for patients facing life-threatening diseases such as cancer. The understanding of healing and medicine in North America would never be the same. And, without doubt, the way Bernie Siegel treated and related to patients changed drastically as he incorporated many techniques that were laughed at by the medical community. In fact, when he offered a free seminar about these techniques through his clinic, only a few people showed up, and he called these patients "exceptional." Soon, he formed a group called Exceptional Cancer Patients (ECaP) based on "carefrontation," a loving, therapeutic confrontation that facilitates personal change, both physically, mentally, and spiritually, and helps the patient and doctor treat all aspects of the patient's illness. The healing and miracles attracted attention, and today Bernie Siegel is one of the best-known and most beloved of all doctors, publishing his book Love, Medicine & Miracles and facing the scorn of the medical establishment along the...

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