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## Boya genuine life] Chan Yu the Complete Works Yu Dan(Chinese Edition)

By YU DAN ZHU

Hardcover. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2012-05-01 Pages: 346 Publisher: Shenyang Press title: Chan Yu life Roms List Price: 19.80 yuan Author: the Yu Dan significantly Press: Shenyang Publishing Date :2012-05- 01ISBN: 9787544149273 Words: Pages: 346 Edition: 1 Binding: Hardcover Folio: 16 open commodity identification: 10992857 Editor's Choice No Summary Zen is a life of wisdom and the arts. especially in today's fast-paced bustling social fame and fortune. impetuous people. Zen is like nectar. \* inner world shed cool one. Zen Zen is that enlightenment. people alive for happiness. In essence. the two are not much different. Enlightenment rely on? The word enlightenment apart my heart. Zen rely on what \* the heart. the heart of this is the world's most valuable of the most important things. From this perspective. Xuechan is learning a state of mind. people alive. we must have the mentality of Zen. Participate in the Zen of the good life. you need a sense of balance. sense of balance. in order to live comfortably. Perspective changed attitude adjustment towards things would be more positive view. Life is not...



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