



Personal Religion of Your Own

By Ramesh S. Balsekar

Zen Publications, Mumbai, 2006. Soft cover. Book Condition: New. 23 cms. 83pp. Remain relaxed in Consciousness. In any situation, do whatever you feel you should do without any regrets about the past, without any complaints in the present, without any expectations for the future, and, importantly, without blaming and condemning anyone for anything-neither yourself nor the ?other. This will enable you to live your life, constantly connected to the Source, and will give you happiness through peace of mind: SUKHA-SHANTI. This will be your personal religion: Sukha-Shanti.



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